



IFS Connect

A Canadian Consultation & Learning Hub

IFS Connections What's new this month!

Welcome to IFS Connect's newsletter! We're so glad you're here. Our newsletters will include information about IFS Connect offerings and various writings and resources that we hope will be helpful to you in your learning journey.



IFS Connect: Welcome Gathering

We're so looking forward to seeing you at our first online gathering!

September 22 from 1:30-3:00pm ET

This will be an opportunity for us to meet and get to know each other, learn more about IFS Connect and our vision, and ask questions about our offerings.

Please join us even for part of the time if you are able!

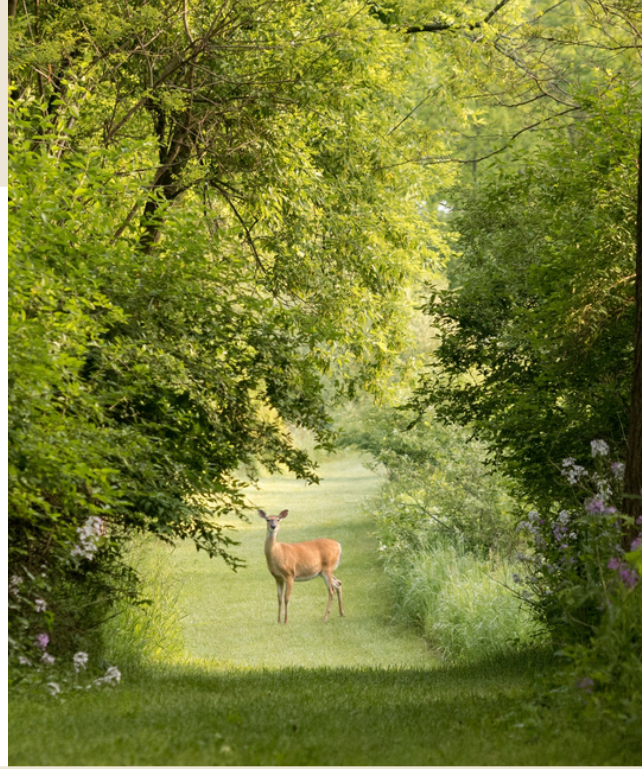
Sign up for our newsletter to receive the link.

All learning levels are welcome. If you're seeking to learn or practice IFS for professional purposes we want to connect with & support you!

CONSULTATION

Anna Gartshore and Elizabeth Parsons have openings in consult groups for this fall at all levels of experience & Elizabeth has several options for triad practice groups as well. For individual consultation opportunities click here.

Our *Drop-in Case Consult group* begins **October 20** with Anna Gartshore. Learn more and register here.



FALL WORKSHOPS

Looking for ways to deepen your work - both for yourself and for your clients? Look no further! Registration is open for three exciting workshops this fall!

- **Self-Aligned Path: Connecting to the Soul of our Work** - Sarah Jarvis
Nov.9 8am - 1pm PT/11am - 4pm ET
- **Direct Access: Intro** - Risa Adams & Elizabeth Parsons
Nov.28 - 10:30am - 4:30pm EST
- **Therapeutic Relationships through the Lens of IFS and Attachment Theory** Marina Hazan
Dec. 4-5 9:00am - 4pm EST

Many more workshops coming in 2024 - check here for information and to register!

WE LOOK FORWARD TO CONNECTING SOON!



COMMUNITY

“Beginning with Ourselves” for therapist parts with Risa Adams starts **October 2**. This is time for you to connect inside and out. Come check it out for *free* for the rest of 2023. Learn more and register [here](#).

[Facebook Community](#)- if you haven't yet joined our facebook group please do! This is a place for IFS Connect Learners to connect with us and each other.



IFS INTRO COURSE

If you are near the beginning of your IFS journey we invite you to join us for a 48 hour comprehensive introduction to IFS.

[Registration is open now!](#)

Starting January 17 & ending March 28
(full details [here](#))

This course includes didactic, experiential, demos, and most importantly 5+ guided practice triads led by Level 1 grads.

Taught by Marina and Risa this course will benefit those who can no longer wait for a Level 1 or wish to create their own [learning path](#).

Please share with friends & colleagues!

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